

## Anderson Pilates Classes Schedule

DAY	LOCATION	TIME
MONDAY	Pilates Matwork St Faith's Parish Centre, Lee on the Solent	10am-11am
	Pilates Matwork Crofton Community Centre, Stubbington	1pm-2pm
TUESDAY	Pilates on the Ball St Faith's Parish Centre, Lee on the Solent	1.30pm-2.30pm
	Pilates Matwork St Faith's Parish Centre, Lee on the Solent	2.45pm-3.45pm
	Pilates Matwork Crofton Community Centre, Stubbington	6.30pm-7.30pm
	Pilates on the Ball Crofton Community Centre, Stubbington	7.30pm-8.30pm
Wednesday	Pilates Matwork Crofton Community Centre, Stubbington	10.45am-11.45am
Thursday	Pilates Matwork Wallington Village Hall, Fareham	12.30pm-1.30pm
	Move & Sculpt Crofton Community Centre, Stubbington	6.15pm-7.15pm
	Pilates Matwork Crofton Community Centre, Stubbington	7.45pm-8.45pm